

## Nutrition Essentials For Nursing Practice 7th Edition

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### **Nutrition Essentials for Nursing Practice 7th edition ...**

Essential - body can synthesize vitamin k and B12, but not in amounts sufficient to meet body's needs Some act as coenzymes, antioxidants (vitamin C, beta-carotene), food additives, and drugs (in large amounts)

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### **Nutrition Essentials for Nursing Practice**

Nutrition in nursing --Carbohydrates --Protein --Lipids --Vitamins --Water and minerals --Energy balance --Guidelines for healthy eating --Consumer issues --Cultural and religious influences on food and nutrition --Healthy eating for healthy babies --Nutrition for infants, children, and adolescents --Nutrition for older adults --Obesity and eating disorders --Feeding patients : oral diets and enteral and parenteral nutrition --Nutrition for patients with metabolic or respiratory stress ...

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Nutrition Essentials for Nursing Practice- Chapter 1:Nutrition in Nursing Quiz False- (The nurse is in an ideal positi... True-(Nutritional status is loosely def...

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½ cup added sugars adequate alcohol American Dietetic Association American Journal ofClinical amino acids amount avoid beverages blood glucose blood pressure bowel bread breastfeeding calcium...

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