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8 FR60 Owner's Manual Getting Started nOTE: The Garmin logo should be right-side up. 4. Bring the FR60 within range (3 m) of the heart rate monitor. 5. Press MODE to access training mode. The

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heart rate icon appears on the training page. 6. If or heart rate data does not appear or if you have erratic heart rate data, you may have to

FITNESS WATCH WITH WIRELESS SYNC - Garmin

FR60 Owner's Manual Getting Started 1. Plug the USB ANT Stick into an available USB port on your computer. 2. Bring your FR60 within range (5 m) of your computer. nOTE: If Power Save Transfer is activated, your FR60 must be in regular time mode to transfer data to your computer. See page 24. 3. Follow the on-screen instructions. Using the Heart Rate

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26 FR60 Owner's Manual Settings Press MODE > SETTINGs > SPORt to access setup menus for the following: • rUn • gEnEraL • BiKE Run Settings Press MODE > SETTINGs > SPORt > rUn. aUTO LaP ®—turn Auto Lap on or off. When Auto Lap is on, laps are triggered by distance; you can use the

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lap button to manually mark laps.

Garmin Fr60 W User Manual

Serial Number: Contact Garmin If you should encounter any difficulty while using your GPS 60, or if you have any questions, in the U.S.A. contact Garmin Product Support by phone: 913/397-8200 or 800/800-1020, Monday – Friday, 8 am – 5 pm Central Time;...

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FR60 continuously tracks heart beats per minute and displays your heart rate zone, so you can monitor and improve your fitness level. Cross-Train When paired with an optional speed/cadence sensor, FR60 tracks the speed and distance of your cycling workouts.

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Page 1 quick start manual FR60 SPORT WATCH WITH WIRELESS SYNC... Page 2: More Information See the Important Safety and Product Information guide in the product box for product warnings and other important information. More Information You can download the latest version of the

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Manual del usuario del FR60 1 Introducción Introducción Gracias por comprar el reloj de control deportivo Garmin® FR60. Consulta la guía Información importante sobre el producto y su seguridad que se incluye en la caja del producto y en la que encontrarás advertencias e información importante sobre el producto. Advertencia: consulta siempre

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